



Supplemental In-Person Sponsorship Training

The Military & Family Support Center is offering Supplemental In-Person Sponsorship training that is tailor made to the needs of your squadron and can be support your inbound airmen. This training should be scheduled following the required CBT training found on [Military One Source](#). Topics include connecting with your sponsor, base information, and resources available to best support your newcomers.

AndrewsFSS.com Gets New Look

Have you visited AndrewsFSS.com recently? The website was recently updated to include additional information and resources. Access to our resource page has changed – you can now find us under Resources, then click Military & Family Support Center. For more information on specific programs, scroll to the bottom of the page. Web addresses have not changed.

Bundles for Babies

Service members and spouses who are expecting or recently delivered a Bundle of Joy can enroll in the next Bundles for Babies workshop. Topics include budgeting and saving for baby, child and youth services, new parent support resources, Tricare, nutrition tips, dental for baby and mom, and mental health resources. Participants receive a \$50 gift card to the BX at the end of the class. The next workshop will be on 3 December from 0800-1200; to sign up call (301) 981-7087.

SBA Entrepreneurship Workshop

If you or your spouse currently operate or are considering opening a small business, sign up for the Small Business Administration (SBA) Entrepreneurship Workshop. This class is highly sought after for the wealth of entrepreneurial knowledge that is provided. The next workshop is being held on 27-28 October from 0800-1600. If this class is waitlisted, you can search for additional offerings and virtual classes on the [SBA website](#).

SEPTEMBER TSP FUND PERFORMANCE		
L INCOME	-0.87%	↓
L 2025	-1.78%	↓
L 2030	-2.37%	↓
L 2035	-2.61%	↓
L 2040	-2.85%	↓
L 2045	-3.05%	↓
L 2050	-3.25%	↓
L 2055	-3.87%	↓
L 2060	-3.87%	↓
L 2065	-3.87%	↓
G FUND	.11%	↑
F FUND	-.86%	↓
C FUND	-4.65%	↓
S FUND	-4.00%	↓
I FUND	-2.81%	↓

Heart Link Success

Last month, the Military & Family Support Center hosted the first in-person Heart Link event since COVID-19. Participants were welcomed from Vice Wing Commander, Col Oberhaus, treated to Chick-fil-a lunch, learned from resources around base, networked with new spouses, and played games for fabulous prizes. This event is recommended for all spouses. The next Heart Link event will be 3 December from 0900-1400; to sign up call (301) 981-7087.



Subscribe to our Podcast – **The Support Report** – on [Spotify](#), [Google Podcast](#), [Radio Public](#) and [Breaker](#) to hear more about the programs and resources available at the M&FSC.

EVENTS ON BASE

FSS Town Hall & Expo

Tuesday, 19 October
Field behind Menoher & Virginia Ave
1400-1700

JBA Spouse Windshield Tour

Friday, 22 October
Military and Family Support Center
1300-1600

Trunk or Treat

Thursday, 28 October
JBA Chapel
1600-1730

Neewollah

Saturday, 30 October
JBA Youth Center
1730-2100

OR MAKE AN APPOINTMENT

Military and Family Life Counselors

Christen (301) 232-8481
Carol Ann (301) 232-8465

Personal Financial Consultant

Chip Basel (240) 222-2604
Sabrina Cobb (301) 981-7087

Resume Review

(301) 981-7087

VA Benefits Advisor

Will Davis (571) 461-8705
CJ Aultmon (571) 461-8732

Survivor Benefit Plan

(301) 981-7087